



The MOONSHOT Guidebook

Satellite Version

What's Inside?

A glimpse into the practice of visioning. | Your first steps toward developing your Moonshot. | An invitation to connect so you can continue your Moonshot journey!

BIGGBY® COFFEE exists to support you in building a life you love.

We believe a key foundational element to building a life you love is knowing who you want to be. This Satellite version of the guidebook is an easy introduction to the power of visioning. It will then help you establish your Moonshot—a statement of what you want your whole life to build toward—whether that’s a single gigantic accomplishment or getting to a place in life where you’re living your perfect day every single day.

Some advice for your first Moonshot experience

- Don’t panic! There is no right or wrong to do this work. **Start writing!**
- Don’t worry about what others think. **Write your truth.**
- **This will change your life.** It helps you see opportunity in your daily life.
- Stuck on a question? **Skip it! Come back with a fresh brain later!**
- **Include visual details;** they’ll make your vision feel more real to you!
- **Share** what you’ve written! You’ll get better results if you do!

1. What are some skills that I wish I had?

2. What are the things I want to own, that I don’t own today?

3. Where would I like to live and travel across the course of my life?

4. What do I hope people in my life would say when others ask about me?

5. What do I hope to accomplish in my life?

6. What brings me energy?

7. What brings me peace?

8. What would my perfect day look like?

9. Two years from today, how would I like to be spending my time?

10. What about in ten years?

11. And 20 years from now?

Ready to discover your Moonshot?

Reflect on what you have written on the preceding pages and boil it down to a simple statement that sums it up for you. If you could accomplish one thing in your life, or live your perfect day every day, what would it look like?

Ready to build a life you love?

Writing v.1 of your Moonshot is a big deal! CONGRATS!! Now what?!

- 1) Dive deeper into visioning and living your dreams with the full version of the Moonshot Guidebook! www.moonshotguidebook.com
- 2) Want to level up an area of your life? Use our free Life You Love Assessment to get started! www.biggyby.com/lyla
- 3) Check out other ways BIGGBY can support you in building a life you love! www.biggyby.com/lifelab

